

## October 2019 Newsletter



CONNECT.DISCOVER.EMPOWER



[Check out Niko's Blog here!](#)



*"A word after a word after a word  
is power."*

*-Margaret Atwood*

Reading (and writing) gives us much needed context and strength at the best and worst times of our lives. Check out these blogs, recommended by YOU!

- [A Diary of a Mom](#)
- [Finding Cooper's Voice](#)
- [Enjoying the Small Things](#)
- [The Highly Sensitive Person](#)

Are you interested in writing a post for BC? [Email us!](#)

- **JACKSON CO. PARENT COFFEE**  
October 3rd, 9-11am  
Black Rock Coffee, 151 Rossanley Drive, Medford
- [ABLE PRESENTATION - GRANTS PASS](#)  
October 7th, 5:30-7pm  
Club Northwest, 2160 NW Vine Street, Grants Pass
- [ABLE PRESENTATION - MEDFORD](#)  
October 8th, 6-7:15pm  
Jackson County Library, Downtown Medford
- [SENSORY FRIENDLY TRICK-OR-TREATING](#)  
October 12th, 10am-12pm  
Rogue Pediatric Therapies, 3265 Biddle Road, Medford
- [DANCING & DINNER](#)  
October 18th  
Dance Fitness @ YMCA Medford, 6-7pm  
Dinner @ Habeneros, 142 N. Front Street, Medford
- [SPEAKER PRESENTATION - WESLEY HAMILTON](#)  
October 22nd, 7:30pm  
SOU Music Recital Hall, Ashland
- **JOSEPHINE CO. PARENT COFFEE**  
October 29th, 10am-12pm  
Rogue Roasters, 610 SW 6th Street, Grants Pass



Trick-or-Treating this year? Handing out candy? Here are some great tips to make Halloween successful and fun for kids experiencing disabilities!

[Tips if you're handing out candy](#)  
[Tips for trick-or-treating](#)



**Email us!**

[info@bcoregon.org](mailto:info@bcoregon.org)

**Call us!**

541.690.8542

**Find us!**



[Our website!](#)

**Our Mission**

To connect families with resources and each other; and support communities in being welcoming, strong, and diverse.

**Our Vision**

Supported and empowered families engaging in shaping a diverse community that welcomes all.